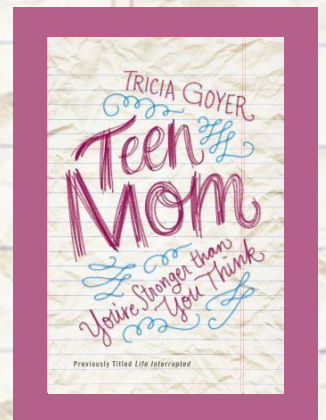


Word Identity

Things Every Child Needs to Hear

- I love you.
- I'm so glad you came into my life.
- You have made my life better.
- There is no one just like you. You are special.
- I adore your smile.
- You fill up a special place in my heart.
- My arms are always open to you.
- You are smart.
- You're extremely huggable.
- I'll always protect you.
- Don't be afraid. I am here.
- You are my greatest treasure.
- If all the children in the world lined up, I would still choose you.
- Well done!

From the
book:





Word Identity

Things Every Young Mom Needs to Tell Herself

- I am a lovely person. I am unique and special.
- I'm doing my best to be a good mom.
- It's okay for me to dream.
- All moms need a break.
- I don't need to feel guilty when I take time for myself.
- My good example will make all the difference in the world and to my child.
- I become wise when I seek counsel from wise people.
- It's good to hope for a better future.
- Truth is always the best choice.
- Life looks brighter when I focus on what's important.
- My habits will become my child's habits, so I better choose good ones.
- What I have in the end will never mean as much as who I am.
- There is no greater feeling than when my heart is at peace.
- I don't need to worry about the future. I just need strength for this moment.
- Well done!